SPORTS

By Billy Conner

Winners Named In F.R.CC. Tennis Tourney

Ladies and Men's Doubles Tennis Tournament was held Saturday, September 1, 1979 at Falling River Country Club. There were 5 women's teams and 4 men's teams entered. With just a few teams playing it was decided to play a round robin tournament.

Winners in the men's division were Larry White and John Spahr with 35 games. Bruce Cowan and Mike Bradley finished second with 29 games. Fred Roberts and Harmon Smith took home the consolation prize.

Winners in the Ladies Division were Jackie Smith and Janet Wilhoit with 46 games. Finishing second were Pat Roberts and Peggy Farris with 42 games. Judy Dorety and Frances Lewis won the consolation prize.

The next event for the club will be Sunday, September 9 against Charlotte Court House at home.

Raider Sports

Sept. 5 - J.V. Football vs. Blackstone at Bragg Stadium, 7:00 PM
Sept. 7 - Varsity Football at Gretna, 8:00 PM
Sept.11 - Girls Volleyball vs Albemarle at A.C.H.S. Gym, 7:00 PM
Sept.11 - Cross Country at Amherst, 4:30 PM

Receives Degree From C.V.C.C.

Graduation exercises for Central Virginia Community College's 12th Annual Summer Commencement were held Friday, August 31, 1979 at 8 p.m. in Smith Auditorium at Randolph Macon Woman's College. Dr. Johnnie E. Merritt, Dean of the College, introduced the guests and Dr. Donald E. Puyear, President, conferred the academic degrees.

Varsity Cheerleaders Plan Skate Party

The Appomattox County High School Varsity Cheerleaders are having a skating party on September 17, 1979 at A. J. Skateworld from 7 p.m. to 10 p.m.

The cost is $2.00 per person. Tickets are being sold by all Varsity Cheerleaders.

Come out and support your local high school cheerleaders. Rah! Rah!

PETE NEALLY, above, was selected by his teammates to serve as captain of the 1979 Raider Cross Country Team. Pete is a senior at A.C.H.S. and this will be his third year of cross country running.

Among the candidates for graduation was Robin Wallace Moore, son of Mr. and Mrs. Wallace D. Moore of Appomattox, who graduated Magna Cum Laude and received a certificate in Machine Shop. Due to his academic standing, Robin served in the capacity of Student Marshall of the graduation exercises.

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A.C.H.S. CROSS COUNTRY TEAM will open 1979 season Tuesday with a match at Amherst. Front row from left, Sue Granato, Randy Richardson, Rick Caldwell, Cornelius Davis. Second row from left, Richard Crews, Alonzo Dillard, Pete Neally, Coach Jim Crawford, Ken Shorter, Craig Smith, and Scott Stevens.

Canaan Baptist

Regular preaching service Sunday, Sept. 9th, 11:30 a.m. Rev. C. L. Elliott, pastor in charge. The Canaan Echoes to furnish the music. Communion will be served.

Business church meeting will be Tuesday, Sept. 11th, 7:30 p.m., please attend.

Birthday Rally Sept 30th, 7 p.m. Mrs. Frances Chambers in charge.

Please come and make these services a success.

Jordan News

The ladies club will sponsor the Ladies in White Saturday night, Sept. 8 at 8 p.m., asking all the ladies that are members of the club to meet at the church at 7:30 p.m. Silver Grove Gospel Chorus will render music and Mrs. Hollands will speak.

The senior choir will meet Friday night at 7:30. All members please be present.

Tuesday night, Sept. 11 the young adult choir will meet at 6 p.m. All young adults please be present.

OFFICE SUPPLIES: Rubber bands, staplers, staples, stamps, stamp pads and everything else you will need for your office. Phone 352-8215.
TIMES-VIRGINIAN

Running Cross Country Takes Intestinal Fortitude

"Run a step farther, just a bit harder, and tomorrow you will come home the winner".

This is the motto of the 1979 Raider Cross Country Team, one young woman and nine young men who are setting out to turn the fortunes of the Raiders around in a sport in which they have been cellerdwellers for three years.

Coach Jim Crawford is full of optimism as he puts his charges through the daily routine of practice which is just running, running and more running, forty miles or more per week.

PRECIPITATION:

Last Week	2.06
Month of August	5.35
Normal for August	3.86
This Year	36.80
Normal for Year	27.54

Just getting people to sign up for cross country is a big chore. There is no grandstand full of fans cheering you on, in fact many times there are only parents and coaches around the finish line, but these athletes can be just as proud of their accomplishments as the quarterback who throws the bomb or the receiver who catches it.

Leading the Raiders around the tough courses in the district, which vary from 2.7 miles to 3.2 miles, will be four seniors, Pete Neally, Kenny Shorter, Craig Smith and Scott Stevens. Alonzo Dillard is a junior, Cornelius Davis, Randy Richardson and Sue Granato, sophomores, and Rick Caldwell and Richard Crews are freshmen.

If you would like to see the team in action, mark the date October 2 on your calendar and go to A.C.H.S. at 4:30. Coach Crawford has set up the three mile course so fans can see the runners during the last quarter mile to the finish line. The opponent for this match will be Nelson County.

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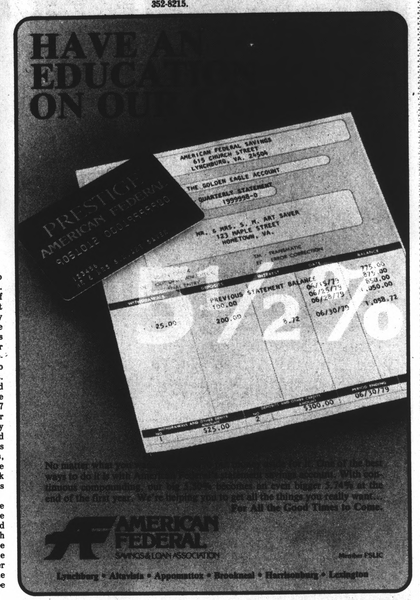

HOMECOMING SERVICES

Sunday, Sept. 9th

SPEAKER: FORMER PASTOR REV. RANDOLPH HITE

Sunday School 10:00—Morning Service 11:00

Dinner on Lawn Following Morning Service

AFTERNOON SERVICE WILL FOLLOW

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1977 CHEVROLET
LUV - Red - Saddle Interior - Automatic Transmission - Step Bumper - AM Radio

1973 JEEP
Pickup - Red/White - 360 V-8 - Automatic - Power Steering - Automatic - Step Bumper

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Good News For Homemakers

By Shirley W. Walton
Extension Agent

Shoe Prices Will Soar

Have you priced shoes lately? Shoe prices are like other items and are keeping pace with inflation. Believe it or not, it's becoming almost as expensive to walk as it is to drive. Recently a president of a shoe factory stated that a family of five who buys quality leather shoes can expect a shoe bill of at least $500 during the next year.

The spiraling effect of leather prices will certainly be reflected in the next pair of shoes that you buy. Shoes that cost $30 to $35 last fall will be in the $40-$45 range this fall. The styles that cost $40 to $45 are more than likely to be $55 and more.

Consumers need to realize that leather prices fluctuate with the state of the meat industry, and in the current cycle cattle are in short supply. The high price of meat has given cattle growers the incentive to increase herds. Hopefully, this will bring down the shoe costs, but it may be three years before we see a difference.

Another cause of the scarce supply responsible for driving up prices results from wholesale exports of leather hide. Because of the global market conditions and the defiated dollar, foreign buyers are in a better position to offer more for leather hides than Americans.

Shoe customers can expect inflation and short supply of hides to affect the increase in cost of footwear for the next three years. All of these factors will make it imperative for one to select wisely when buying shoes to make sure they have good quality and a good fit.

In order to hold costs down, manufacturers are insisting that each new shoe style must make a statement using more petroleum based synthetics, replacing leather soles and heels with those made of synthetic material, replacing leather lining with knitted fabric lining and making fewer boots. The industry is attempting to do this to keep shoe costs down so that all of us can still afford to buy shoes.

All industries using leather as a source material, including makers of apparel, handbags, gloves and upholstery will be affected by the soaring leather prices.

I thought you, as homemakers and consumers, would want to know this information so that you can plan accordingly. I again emphasize, please be sure that you are buying quality and comfort when selecting leather shoes.

If you have a homemaking question or problem, you may call the Appomattox County Extension Office at 352-8244 or write to P.O.Box 488, Appomattox, Va. 24522. It is always a pleasure to hear from you and to help you.

Have a good week, homemakers!

Recipe Of The Week
Mrs. Anderson's Frozen Slaw

Because of many requests for this recipe and a good cabbage crop we are printing this recipe again.

1 medium cabbage head, shredded
2 carrots, shredded
1 sweet pepper--chopped
1 tablespoon salt
Mix above ingredients and let stand 1 hour.
Syrup:
1-½ cups sugar
1 cup vinegar
½ cup water
1 teaspoon celery seed
1 teaspoon mustard seed
Boil syrup for 5 minutes. Pour syrup over first mixture, let cool. Put in containers and freeze.

Many thanks to Mrs. Ella Anderson, our first extension home economist in Appomattox County, for sharing this delicious recipe with us.

Selecting Fair Exhibits

The coming of fall brings fair time to much of Virginia and a chance to exhibit things we've made and grown over the past year. Generally speaking, your fair exhibit should be the best example you have to display.

Below are listed some suggestions for selecting and displaying vegetable and crop exhibits. These may help 4-H, FFA members and other young people, as well as adult exhibitors.

The first step in preparing your exhibit is to check the premium list in the catalog. If the class calls for five tomatoes, then select five tomatoes. Each year exhibits are disqualified due to not following directions.

Beans [Snap] - Should be of the same variety, uniform (even in size, shape, color and condition.) Avoid selecting beans that are over-mature. The beans should be free from damage from disease and insects. Beans should also be clean.

Lima Beans [In Hull] - Similar to requirements for Snap Beans. Pods should not be crooked or curled. Beans should be fresh and not yellowed.

Cucumbers - These may be slicing or pickling. Slicing cucumbers are generally at least 6" in length while pickling cucumbers have a maxium length of about 3½ inches. The suggestion below refers to slicing cucumbers: Uniform in **size, shape and color.** All should be same variety. Maturity is important. Avoid overgrown, yellowing cucumbers. Cucumbers should be brushed clean and not washed.

This Time The Big One Didn't Get Away!

Mrs. Dorothy Jones of Route 1, Appomattox, is shown holding a seven pound bass she caught in a Red House pond on Wednesday of last week. Mrs. Jones who said she never uses anything but a "plain old pole" to bring in her catch used a pole and night crawler to snag this big one.

Mrs. Jones, married and the mother of twelve children, has been fishing for about two years.

Eggplant - Uniform in shape, color and size. Color should be deep purple. Stems should be trimmed to 1 inch in length. Eggplants should be wiped clean with a soft cloth.

Onions [may be yellow or white] - Should be uniform in size, shape and color. The tops should be trimmed to not more than 2 inches in length. Onions should have most of their thin, papery skin and should be free from damage from rot, disease or insect injury.

Peppers [Sweet] - Should be about 3½ inches long and 3 inches in diameter. Should be similar in color (rich green) and each pepper should have a like number of lobes (usually 4). Stems should be left on and trimmed to level of the top of the fruit. Uniform size and shape is important.

Peppers [hot] - Again should be uniform in size, shape and color. Stems should be about 3/4 inch in length.

Potatoes [Irish] - All potatoes in exhibit should be of same variety. Usually should be not less than 2-1/4 inches or greater than 4 inches in diameter. Uniformity in shape, size and color is important. They should be free of "greening," sprouts or disease. Potatoes should be clean (brush with cloth). If washing is needed, do so gently.

Potatoes [Sweet] - Sweet potatoes should be uniform in shape, size and color. A more spindle shaped potato is preferred. Sweet potatoes should be from 2 to 3 inches in diameter. Each potato should be as close as possible to the same size and shape as the others in the exhibit. Generally sweet potatoes are not washed (but cleaned well with a cloth), unless the soil will not brush off.

Squash[Summer and Winter] Squash exhibits should be uniform in size, shape and maturity. Stems should be trimmed to 1/4 or 1/2 inch in length.

Carrot - Uniform in size and length and color is important. Carrots should be free from insect damage. Tops may be left long or trimmed to a uniform length.

Tomatoes - Should be uniform in color and fairly firm. Tomatoes should be similar in size, without soft spots or insect damage. Stems should be removed from the ripe tomatoes.

Vegetable Basket - This exhibit consists of 10 or more different vegetables, arranged in a display box or basket. All vegetables in the basket should be selected based on their individual qualities. Arrangement should be done to provide color and attractiveness.

Crops - When selecting crops for exhibit, such as **corn**, each ear should be uniform and grain should be fully developed. If selecting 10 ears, each ear should be as nearly alike as possible. **Small grains** should be selected with care to be free of weed seeds and free of shriveled or diseased (seab) grains.

Exhibiting your best products can be fun and exciting. Remember, participating is the important thing.

Office Supplies: Rubber bands, staplers, staples, stamps, stamp pads and everything else you will need for your office. Phone 352-8215 Times-Virginian

Reedy Spring Plans Homecoming

Reedy Spring Baptist Church will have Homecoming Sunday, September 9th, with services beginning at 11:00 a.m. on Sunday.

Rev. David BRooks, former pastor, will be the guest speaker.

Dinner will be served following the morning service and music will be provided by special guests at 2:00 p.m.

Everyone is invited.

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ENROLL YOUR FAMILY IN BIBLE STUDY, September 9th

There is no greater gift you can give your family, or yourself, than the peace and joy that comes from regular, systematic study of God's Word.

And, there is no better place for group Bible study than in a church, where you will feel a warm and wonderful sense of belonging.

Sunday afternoon, some caring, sharing Christian friends from a Southern Baptist Church will be knocking at your door to offer you an opportunity to enroll your whole family in Bible Study. Of course, they will be properly identified and will only take a few minutes of your time.

Won't you open your door and your hearts to them, and enroll your family in Bible Study RIGHT THEN AND THERE!

OPEN THE DOOR TO LIFE...

I have come that they might have life and that they might have it more abundantly. John 10:10

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